

# Family Guidance Activities to Maintain Skills

## Science and Sensory:

- Name steps involved in daily activities (making a sandwich, getting dressed, brushing teeth, going to school, etc.) (first, next, last)
- Set up a sensory bin (rice, corn, beans, water beads, pom poms, water, cooked noodles, coffee grounds, etc) and add a setoff counters or themed items to the bin (color could be theme) and have your students use scoops, cups, tongs, etc to explore.
- Freeze cups of water with toys in it and have kids use droppers with warm water to melt the cubes
- Playdough- build letters, numbers, etc
- Explore with baking soda and vinegar
- Explore with bubbles, let your child blow them and pop them